Appendix A. – The World Naturopathic Federation Material (WNFM)

The WNF "Publications and Reports" (Accessed 2023-12-14) below are numbered in the order they appear, dated in the dates they are assigned by the WNF, page-counted, and document typed. They are in reverse chronological order from 2023 until 2015. The non-English language documents and reports were not included in this study and are presumed to mirror their English-language versions, including 003a, 004a, 009a, 011a, 014a, 014b, 014c, 014d, 014e, 014f, 014g, 016a, 019a, 019b, 025a, 025b, 025c, 026a. The total number of individual documents included as the WNFM is 31 and their combined page count is 1290.

001 Naturopathic Education Accreditation Standards Comparison 2023 10 pp. PDF

002 WNF Book List – Updated January 2023 49 pp. PDF

002a A Comprehensive Listing of Books Written by Naturopaths / Naturopathic Doctors January 2023 70 pp. PDF

002b A Comprehensive Listing of Books Written by Naturopaths / Naturopathic Doctors February 2020 158 pp. PDF

002c A Comprehensive Listing of Books Written by Naturopaths / Naturopathic Doctors March 2019 62 pp. PDF

003 Naturopathic Educational Program Guide 2022 7 pp. PDF

003a Guia de Programas Educacionais em Naturopatia da WNF (Portuguese) PDF

004 WNF Social Media Guide 2022 11 pp. PDF

004a WNF – Guida della WNF per i social media 2022 (Italian) PDF

WNF White Papers: June 2022

005 Hypertension 6 pp. PDF 2022

006 Mental Health 6 pp. PDF

007 Non-communicable diseases (NCDs) 5 pp. PDF

008 Type 2 Diabetes 6 pp. PDF

009 Naturopathic Key Messages May 2022 15 pp. PDF

009a Messaggi chiave della pratica naturopatica (Italian)

010 Naturopathy, practice, effectiveness economics & safety December 2021 754 pp. PDF

011 WNF Report: Impact of Rapid Reviews March 2021 2 pp. PDF

011a WNF Informe: Impacto de Nuestras Revisiones Rápidas (Spanish) March 2021 PDF

012 WNF Naturopathic Educational Program Report March 2021 22 pp. PDF

013 WNF Technology Enhanced Education March 2021 6 pp. PDF

014 WNF White Paper: Role of Naturopathic Practice Within a Global Pandemic November 2020 8 pp. PDF

014a Libro Blanco: Rol de la Naturopatía durante una pandemia (Spanish) PDF

014b Weiss Buch: Die Rolle der naturheilkundlichen Verfahren innerhalb einer globalen Pandemie (German) PDF

014c White Paper: Il ruolo della Naturopatia nel corso di una pandemia globale (Italian) PDF

014d White Paper: Papel da prática naturopática em uma pandemia global (Portuguese) PDF

014e Bela Knjiga: Vloga naturopatije v času pandemije (Slovenian) PDF

014 f Livre Blanc: Le rôle de la naturopathie dans une pandémie mondiale (French) PDF

014g Naturterapeutisk praksis ved ein global pandemi (Norwegian) Web Page

015 WNF Survey Naturopathic Journals – November 2020 18 pp. PDF

016 Up-dated Coronavirus disease 2019 (COVID-2019) February 2020 4 pp. PDF

016a Coronavirus Enfermedad 2019 (Spanish) February 2020 PDF

017 WNF Update: Novel Coronavirus 2019-nCoV January 2020 4 pp. PDF

018 Global Naturopathic Regulation November 2019 31 pp. PDF

019 WNF Terminology Document: Defining Naturopathic Terms August 2019 14 pp. PDF

019a WNF_Terminologi bokmål (Norwegian) March 2019 PDF

019b WNF_Terminologi nynorsk (Norwegian) March 2019 PDF

020 Research Written by Naturopaths / Naturopathic Doctors April, 2019 50 pp. PDF

021 WNF Response to the Astana Declaration January 2019 12 pp. PDF

022 WNF Education_and_Credentials_1.2 August 2018 7 pp. PDF

023 WNF Update for WHO – 2018 6 pp. PDF

024 Naturopathic Books on Philosophy, Principles & Theories – June 2018 6 pp. PDF

025 WNF White Paper: Naturopathic Philosophies, Principles and Theories September 2017 100 pp. PDF

025a Libro Blanco de Filosofías, Principios y Teorías Naturopáticas (Spanish) PDF

025b Artigo WNF: Naturopatia: Filosofias, Princípios e teorias (Portugese) PDF

025c Bela knjiga SNZ: Naturopatski filozofski nauk, načela in teorije (Slovenian) PDF

026 Defining the Global Naturopathic Profession July 2017 6 pp. PDF

026a Definición de la profesíon naturopática (Spanish) PDF

027 WNF Strategic Plan 2019 & 2022 July 2017 1 pp. PDF

028 Naturopathic Numbers Report 2016 9 pp. PDF

029 Naturopathic Roots Book List June 2018 6 pp. PDF

030 Naturopathic Roots Report 2016 43 pp. PDF

031 World Federation Report June 2015 69 pp. PDF

Reference for Above

World Naturopathic Federation. (n.d.h). *WNF publications & reports [Accessed 2023-12-14].*

hhttps://web.archive.org/web/20231214025230/https://worldnaturopathicfederation.org/wnf-publications-reports/

Main Findings Overview

A through C. – FOUNDATIONALS theme:

a. The WNF's Claim of Naturopathy Having Globally Consistent Essential Characteristics / A Homogeneous Core / A Preponderant Foundation

b. The WNF's Claim of Naturopathy Being Distinct

c. The WNF's Claim of Naturopathy Being a Blend

D. and E. – KNOWLEDGE theme:

d. The WNF's Claim of Patient and Community Educating

e. The WNF's Claim of Science, Evidence, Technology and Research Basis

F. – PHILOSOPHY theme:

f. The WNF's Claim of Philosophy Basis

G. – PRINCIPLES theme:

g. The WNF's Claim of Principles Basis

H. – THEORY theme:

h. The WNF's Claim of Theory Basis

I. and J. - TREATMENT, THERAPY, and DIAGNOSTICS theme:

i. The WNF's Claim of Diverse and Efficacious Diagnostics and Therapeutics

j. The WNF's Claim of Informed Decisions, Individualization, Patient Centeredness, and Empowerment

K. – INSTITUTIONS theme:

k. The WNF's Claim of Institutionalization via schools and accreditation / academics, publishing, and regulation / law

Main Coding Findings in Detail

These are the example statements for each theme and their code.

A. through C. – FOUNDATIONALS theme:

A. The WNF's Claim of Naturopathy Having Globally Consistent Essential Characteristics / A Homogeneous Core / A Preponderant Foundation:

The theme of 'globally consistent' is predominantly supported by such codes as "high degree of consistency", "global consensus", and "strong commonality."

Phrases include, for these codes A.1 through A.3:

A.1. For high degree of consistency:

Code	Quote	Location	Author
High degree of consistency	“There is a high degree of consistency in the foundational basis of naturopathic practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“There is a high degree of consistency in aspects of naturopathic practice around the world, especially as it relates to the philosophical approach to healthcare.”	“WNF Naturopathic Educational Program Report” (2021)	Lloyd, Hausser
	“There is a high degree of consistency in how naturopathic practitioners (NP) practice around the world.”	“WNF Naturopathic Journal Report” (2020)	Lloyd, Hausser
	“There is a high degree of global consistency in the core concepts that define naturopathy.”	“WNF – Terminology Document” (2019)	Hausser, Lloyd, Arankalle, Banchieri, Brown, DeGroot, Finnell, Kieffer, Myers, Menon, Poorna

	“As determined by the 2015 and 2016 WNF surveys there is a high degree of global consistency in the core concepts that define naturopathy.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Newman Turner, Abascal
	“In 2015 the WNF surveyed naturopathic educational institutions, national naturopathic organizations and regional naturopathic organizations seeking clarification on how naturopathy / naturopathic medicine was practiced globally. The results of that survey indicated an extremely high degree of consistency with respect to naturopathic philosophies, principles and theories and agreement in a core set of naturopathic modalities used in naturopathic practice globally.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Newman Turner, Abascal

A.2. For global consensus:

Code	Quote	Location	Authors
Global consensus	“Global consensus of naturopathic principles reported by naturopathic professional associations.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“A 2015 survey of the global naturopathic profession indicated that there was global consensus on the naturopathic principles as they pertain to naturopathic practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“The naturopathic profession is defined by its philosophies, principles and theories and the WNF surveys have indicated this is an area of global consensus.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Dunn
	“Naturopathic principles: There is global consensus on the naturopathic principles within the profession.”	“2018 WNF Update” (2018)	Collective

A.3. For strong commonality:

Code	Quote	Location	Author
Strong commonality	“There was close to 100% agreement on the naturopathic	“World Naturopathic Federation Report” (2015)	Llyod, Wardle, Parker, Hausser, Cottingham

	principles. There was also a strong commonality in the naturopathic theories taught worldwide.”		

b. The WNF’s Claim of Naturopathy Being Distinct:

Phrases include, for the code distinct:

Code	Quote	Location	Author
Distinct	“The naturopathic profession has existed as a distinct health care system for over 120 years.”	“Naturopathic Key Messages” (2022)	Collective
	“Naturopathy/ naturopathic medicine is a traditional system of medicine defined by core philosophies and principles, guided by distinct naturopathic theories.”	“Naturopathic Key Messages” (2022)	Collective
	“Naturopathy as a distinct traditional and complementary system of medicine.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Wardle, Steel
	“Naturopathy/ naturopathic medicine is a distinct healthcare system with a defined approach specific to naturopathic assessment, diagnosis, and treatment.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser
	“In 1901 Naturopathy was founded as a distinct medical system in the USA.”	“World Naturopathic Federation Report” (2015)	Llyod, Wardle, Parker, Hausser, Cottingham

	“Naturopathic medicine is a distinct primary health care profession.”	“World Naturopathic Federation Report” (2015)	Llyod, Wardle, Parker, Hausser, Cottingham

c. The WNF's Claim of Naturopathy Being a Blend:

Phrases include, for the code of blend, or combines or integrates:

Code	Quote	Location	Author
Blend	"This contemporary practice of naturopathy/naturopathic medicine draws on both traditional knowledge and modern scientific research."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Redmond, Graham, Steel
	"The naturopathic profession as a sophisticated and nuanced traditional system of medicine that combines modern research and traditional knowledge within a person-centered paradigm."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Steel
	"Naturopathic physical medicine has been described as a modality that 'integrates both scientific knowledge in physical medicine and the principles of naturopathic medicine into a distinct approach to physical medicine practice'."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Greenfield, Lloyd
	"Naturopathic medicine […] blends modern scientific knowledge with traditional and natural forms of medicine."	"WNF White Paper: Naturopathic Philosophies, Principles and Theories" (2017)	Hausser, Lloyd, Yanez, Cottingham, Newman Turner, Abascal
	"The practice of naturopathic	"World Naturopathic	Lloyd, Wardle, Parker, Hausser,

	medicine includes modern and traditional, scientific and empirical methods.”	Federation Report” (2015)	Cottingham

D. and E. – KNOWLEDGE theme:

D. The WNF's Claim of Patient and Community Educating:

D.1. Phrases include, for the code of patient education:

Code	Quote	Location	Author
Patient education	"A principal objective of naturopathic patient education is to empower patients, increase health literacy and encourage patients to become more accountable and capable of maintaining their own health."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Hausser, Myers
	"Health promotion and patient education are crucial to improved population health and are also among the core principles that define naturopathy/naturopathic medicine."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Steel, Lloyd

D.2. Phrases include, for the code of community education:

Community education	"98% of the naturopathic workforce engage in community education and health promotion activities, hence they are well-suited to play a more formal role in public health initiatives aimed at increasing health literacy and healthy choices."	"WNF – Social Media Guide" (2022)	Collective

	“Community education is a key activity of the global naturopathic profession with naturopaths/ naturopathic doctors.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“Naturopaths/NDs are actively engaged in various forms of community education and health promotion activities and can support public health initiatives aimed at increasing community health literacy.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel
	“Naturopaths/ naturopathic doctors appear to be more active in health promotion and community education than most other primary care practitioners, and research suggests that they are an effective tool for translating research health promotion tools into clinical practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“The naturopathic profession is actively engaged in community education and the promotion of a healthy lifestyle.”	“WNF Technology Enhanced Education (2021)”	Lloyd, Hausser

E. The WNF's Claim of Science, Evidence, Technology and Research Basis theme:

E.1. Phrases include, for the code of science:

Code	Quote	Location	Author
Science	"76.2% of naturopaths/NDs report using information published in scientific journals to inform patient care."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Steel, Leach, Brosnan, Ward, Lloyd
	"Because of rapid advances in the medical sciences […]."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Steel, Wardle
	"[The citation authored by one of the major editors and WNF principals] Lloyd, I., The Energetics of Health: A Naturopathic Assessment. 2009: Elsevier Health Sciences."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Hausser, Myers
	"Among the information sources used to inform care, information published in scientific journals was the most widely used."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Steel, Leach, Brosnan, Ward, Lloyd

	“The complexity science approach enables effective examination of naturopathic practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Redmond, Graham, Steel
	“[The citation co-edited by one of the major editors and WNF principals] Wardle, J. and Sarris, J., Clinical naturopathy: An evidence-based guide to practice. 2014: Elsevier Health Sciences.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Redmond, Graham, Steel

	“This Health Technology Assessment (HTA) report on naturopathy was compiled to provide an evidence-based summary of naturopathic practice and the safety, economics and effectiveness of naturopathic care. The scope of the HTA was informed by research conducted by the international naturopathic community over the last thirty years encompassing over 2000 peer-reviewed scientific articles of which more than 300 clinical studies involving over 100 different health populations are outlined in this report.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“The strong science-based training of most government-accredited naturopathic programs […including] United States of America […] National University of Health Sciences […and in] Australia […] Endeavour	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	College of Natural Health […an din] Canada […] Canadian College of Naturopathic Medicine.”		

E.2. Phrases include, for the code of evidence:

Code	Quote	Location	Author
Evidence	“Knowing how to interpret naturopathic research and various research methodologies is an important aspect of evidence-based naturopathic care.”	“WNF Naturopathic Educational Program Guide” (2022)	Lloyd, Hausser
	“The naturopathic profession has a long tradition of generating new knowledge and naturopaths/ NDs have been described as early adopters of various forms of research, and as improving evidence-based approaches to practice while maintaining a strong connection to their naturopathic philosophies and principles.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“This Health Technology Assessment (HTA) report on naturopathy was developed to provide an evidence-based summary of naturopathic practice and the safety, economics and effectiveness of naturopathic care.“	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle

	“Naturopaths/ naturopathic doctors combine evidence-based biomedical approaches to diagnostics with traditional profession-specific diagnostic methods.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd
	“Evidence-based practice (EBP) is an important component of contemporary clinical decision making and is integral to the provision of quality health care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel, Leach, Brosnan, Ward, Lloyd
	“Naturopaths/NDs demonstrate application of both evidence-based medicine and patient-centered care principles when they use and apply knowledge and information.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel, Leach, Brosnan, Ward, Lloyd
	“Naturopathy/ naturopathic medicine is a system of healthcare that is an exemplar of the type of care applied within the burgeoning field of integrative oncology – ‘a patient-centered, evidence-informed field of cancer care’ […] the guidelines outline principles of integrative oncology that are based on sound ethical and evidence-informed approaches for naturopaths/naturopa	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Schloss, Brown, Seely

	thic doctors who provide care to patients diagnosed with cancer.”		

	“Naturopaths/ naturopathic doctors are found to follow evidence-based approaches.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Aucoin
	“[The citation co-edited by a WNF principal] Sarris, J. and Wardle, J., eds. Clinical naturopathy: An evidence-based guide to practice. 3rd ed. 2019, Elsevier Health Sciences: Chatswood, NSW.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Schloss, Steel, Hannan
	“Naturopathic practice is knowledge-based and evidence-informed.”	“WNF Technology Enhanced Education (2021)”	Lloyd, Hausser

E.3. Phrases include, for the code of technology:

Code	Quote	Location	Author
Technology	“The compiling of this health technology assessment (HTA) on naturopathy was made possible due to the generous support of naturopathic researchers around the world and membership organizations of the World Naturopathic Federation (WNF).”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“This Health Technology Assessment (HTA) report on naturopathy was developed to provide an evidence-based summary of naturopathic practice and the safety, economics and effectiveness of naturopathic care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“This Health Technology Assessment (HTA) on Naturopathy was initiated by the World Naturopathic Federation (WNF).”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

E.4. Phrases include, for the code of research basis:

Code	Quote	Location	Author
Research basis	“The naturopathic research community shows the interest and capability to conduct high quality research that meets rigorous standards to which all health research is held when it has access to the required funding.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Schloss, McIntyre, Steel, Bradley, Harnett, Redmond, Hawrelak, Goldenberg, Van De Venter, Cooley
	“The international naturopathic research community has demonstrated sustained commitment to codifying and synthesizing existing knowledge, generating new knowledge and disseminating this knowledge to the wider clinical and research community.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“Naturopathic researchers engage in a diverse range of research topics, with the main countries contributing to being naturopathic researchers from the USA (37.2%), Australia (27.8%), [and] Canada	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

	(15.2%).”		
	“This overview is essential to understanding the research-based evidence associated with naturopathy/ naturopathic medicine.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel
	“The WNF has produced research-based rapid reviews.”	“White Paper: Role of Naturopathic Practice Within a Global Pandemic” (2020)	Collective
	“There is a tremendous breadth of naturopathic research spanning many different aspects of naturopathic practice as well as disease states and conditions.”	“2018 WNF Update” (2018)	Collective
	“Naturopathic research is being conducted in 73% of the countries surveyed.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“There are over twenty-five agencies that fund naturopathic medicine and naturopathic research.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“The practice of naturopathic medicine in Canada is supported by naturopathic	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	research.”		
	“Over fifty research-based naturopathic journals and databases that have been established to support the ongoing practice of naturopathic medicine.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“A number of naturopathic journals are research-based with peer reviewed articles written by naturopaths / naturopathic doctors.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“In addition to the International Journal of Naturopathic Medicine (IJNM), the naturopathic research-based journals listed, by region [are].”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

F – H. – PHILOSOPHY, PRINCIPLES and THEORIES themes:

Collectively for the F through H theme group, the language “philosophy, principles and theories” occurs at least 70 times in the WNFM.

The phrases include:

Code	Quote	Location	Author
Philosophy, principles and theories	“The key subjects in naturopathic history, philosophies, principles and theories includes […] philosophies: vitalism and holism. Principles: first, do no harm (primum non nocere), healing power of nature (vis medicatrix naturae), treat the cause (tolle causam), treat the whole person (tolle totum), doctor as teacher (docere), health promotion and disease prevention, wellness and wellbeing. Theories including naturopathic therapeutic order, emunctory theory and theory of complex systems, as well as others.”	“WNF Naturopathic Educational Program Guide” (2022)	Lloyd, Hausser
	“The practice of naturopathy/naturopathic medicine has always been and continues to be structured around philosophies, principles, and theories.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Myers, Lloyd, Hausser
	“Together the naturopathic philosophies, principles and	“Naturopathy Practice, Effectiveness, Economics &	Myers, Lloyd, Hausser

	theories guide naturopathic care and describe a theoretical basis to health and disease.”	Safety” (2021)	
	“The areas of consistency included agreement on the naturopathic philosophies, principles and theories that are foundational to naturopathic practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Dunn
	“The naturopathic profession is defined by its philosophies, principles and theories and the WNF surveys have indicated this is an area of global consensus.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Dunn
	“Naturopathy is defined by its philosophies, principles and theories.”	“White Paper: Role of Naturopathic Practice Within a Global Pandemic” (2020)	Collective
	“All world regions and all naturopathic educational institutions teach and practice according to a core set of naturopathic philosophies, principles and theories.”	“WNF – Terminology Document” (2019)	Hausser, Lloyd, Arankalle, Banchieri, Brown, DeGroot, Finnell, Kieffer, Myers, Menon, Poorna
	“The aim of this document is to provide clarification on the naturopathic philosophies,	“WNF White Paper: Naturopathic Philosophies, Principles and	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	principles and theories that compose the foundation of naturopathic practice and thought.”	Theories” (2017)	
	“The results of that survey indicated an extremely high degree of consistency with respect to naturopathic philosophies, principles and theories.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“At the July 2017 WNF General Assembly the WNF White Paper: Naturopathic Philosophies, Principles and Theories was discussed and endorsed by the WNF membership.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“What we trust that you will take away from this summary is the consistency in concepts over time and how the foundation of naturopathic practice, that is it’s [sic] philosophies, principles and theories have not only survived the test of time, but are becoming the central focus in health care once again.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Due to the high degree of	“World Naturopathic	Lloyd, Wardle, Parker, Hausser,

	consistency on naturopathic terms, principles and theories it was deemed that a comparison across select parameters was not warranted.”	Federation Report” (2015)	Cottingham

F.1. – PHILOSOPHY theme:

Phrases include, for the code of philosophy basis:

Code	Quote	Location	Author
Philosophy Basis	“Naturopathic philosophies: vitalism and holism.”	“Naturopathic Education Accreditation Standards Comparison” (2023)	Collective
	“Vitalism and holism are the core naturopathic philosophies that guide every aspect of naturopathic care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“Naturopathic practice encompasses two core philosophies (vitalism and holism).”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“Vitalism and holism are the core naturopathic philosophies that guide every aspect of the naturopathic encounter.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Naturopathy / naturopathic medicine is inherently based on the philosophies of vitalism and holism.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

G. – PRINCIPLES theme:

G.1. Phrases include, for the code of principles:

Code	Quote	Location	Author
Principles	“Naturopathic principles: the healing power of nature; first do no harm; identify and treat the cause; physician/doctor as teacher; treat the whole person; disease prevention and health promotion.”	“Naturopathic Education Accreditation Standards Comparison” (2023)	Collective
	“There are seven naturopathic principles that guide every aspect of naturopathic care.”	“Naturopathic Key Messages” (2022)	Collective
	“The naturopathic principles affect every aspect of assessment, diagnosis and treatment. They are interdependent and they guide every aspect of the naturopathic encounter.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“There is global consensus on the naturopathic principles within the profession.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“There is high agreement on the six naturopathic principles taught at the naturopathic	“WNF – Naturopathic Roots Report” (2016)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	institutions. The six consistent principles with their associated percentages include: first, do no harm […] 93%; healing power of nature (vis medicatrix naturae) – 97%; treat the cause […] 93%; treat the whole person […] 100%; naturopathic practitioner as teacher […] 86%; and disease prevention and health promotion – 100%.”		
	“The naturopathic principles were derived from historic medical books dating back to the 1500’s.”	“WNF – Naturopathic Roots Report” (2016)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“As seen in this survey, the six principles are taught in naturopathic institutions in every region of the world.”	“WNF – Naturopathic Roots Report” (2016)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Naturopathic principles have formed the basis of naturopathic theory since its inception. It is the principles that define the practice of naturopathy / naturopathic medicine. This	“WNF – Naturopathic Roots Report” (2016)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	survey confirms that naturopathic schools teach the principles as a core element of the curriculum in all regions of the world.”		
	“Ensuring that naturopathic programs have a strong focus on naturopathic principles and theories is key to maintaining the essence of naturopathy from generation to generation.”	“WNF – Naturopathic Roots Report” (2016)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“North America is credited with codifying the naturopathic principles.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“In 1989, a definition of naturopathic medicine and the description of the six naturopathic principles was formally codified and accepted by the two North American national naturopathic associations (American Association of Naturopathic Physicians (AANP) and the Canadian Association of Naturopathic Doctors (CAND).”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	“There was close to 100% agreement on the naturopathic principles.”	“World Naturopathic Federation Report” (2015)	Llyod, Wardle, Parker, Hausser, Cottingham
	“As shown in Chart 3, the naturopathic principles codified in 1989 are very consistent across all countries that practice naturopathy / naturopathic medicine.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

G.1.a. Phrases include, for the code of healing power of nature and vis medicatrix naturae:

Code	Quote	Location	Author
Healing power of nature and vis medicatrix naturae	“Healing power of nature: The term healing power of nature (vis medicatrix naturae) is one of the naturopathic principles and it denotes that all living organisms have an inherent self-organizing, ordered healing ability along with the innate ability to grow, develop, reproduce, and progress through defined stages of life.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“Healing power of nature (vis medicatrix naturae). It is the naturopath’s / naturopathic doctor’s role to support, facilitate and augment the healing power of nature (vis medicatrix naturae).”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“5. Healing power of nature. Definition: The term healing power of nature (vis medicatrix naturae) denotes that all living organisms have an inherent self-organizing, ordered healing ability along with the innate ability to	“WNF - Terminology Document” (2019)	Hausser, Lloyd, Arankalle, Banchieri, Brown, DeGroot, Finnell, Kieffer, Myers, Menon, Poorna

	grow, develop, reproduce and progress through defined stages of life. The healing power of nature (vis medicatrix naturae) is a central naturopathic principle and it is related to the naturopathic philosophy vitalism.”		
	“The term vis medicatrix naturae denotes the body's ability to heal itself. This healing power is an inherent self-organizing, ordered healing process of living systems which establishes, maintains and restores health. The vis medicatrix naturae has been referred to an extension of creator consciousness or cosmic consciousness.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Vis = life force.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Vital force and theory of vitality is incorporated into the naturopathic philosophy of vitalism and the philosophy healing power of nature (vis medicatrix	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	naturae).”		
	“The healing power is in us (vital force).”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“The guiding principles of naturopathic practice includes the healing power of nature (vis medicatrix naturae).”	“Defining the Global Naturopathic Profession” (2017)	Collective
	“It is based on the healing power of nature and supports and stimulates the body's ability to heal itself.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“The healing power of nature (vis medicatrix naturae). Naturopathic medicine recognizes an inherent self-healing process in people that is ordered and intelligent.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

G.1.b. Phrases include, for the code vitalism:

Code	Quote	Location	Author
Vitalism	“The naturopathic philosophies of vitalism (an innate intelligence of living organisms).”	“Naturopathic Key Messages” (2022)	Collective
	“Vitalism: An inherent capacity to live, grow, develop, and heal.	“Naturopathy Practice, Effectiveness, Economics &	Lloyd, Hausser, Myers

	Vitalism is one of the naturopathic philosophies.”	Safety” (2021)	
	“17. Vital Force. Definition: An individual’s vitality is a measure of the vital force that they possess at any specific stage of life or disease. Vitalism describes an individual’s inherent capacity to live, grow, develop and heal. Vital force is interrelated with the naturopathic philosophy vitalism and associated with the naturopathic principles healing power of nature (vis medicatrix naturae) and health promotion and the theory of constitution.”	“WNF - Terminology Document” (2019)	Hausser, Lloyd, Arankalle, Banchieri, Brown, DeGroot, Finnell, Kieffer, Myers, Menon, Poorna
	“Vitalism is a central tenet in the philosophy of naturopathic medicine. Vitalism, or vital force describes the intelligence that animates each and every person and it refers to forces beyond the physical self that govern life, health and healing. Vitalism postulates that there is a self-organizing	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	principle within all life (some say within all matter). The vital force is an invisible power which is discernable only from its effects. The concept vital force dominated philosophy and scientific exploration prior to the 17th Century. It postulates that life and its forms (morphology) develop out of, and under the influence of, an all pervading, unseen force, beyond the material substance. Vitalism is called by many different names, including life force, breath, chi, qi, ki, prana, and mana, depending upon the particular culture or tradition. Vitalism is also associated with concepts of personal essence, spirit or soul.”		
	“Modern vitalism is considered part of systems theory and biomedical science.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Vitalism describes the intelligence that animates each and every	“Defining the Global Naturopathic Profession” (2017)	Collective

	person and it refers to forces beyond the physical self that govern life, health and healing.”		

H. – THEORY theme:

H.1. Phrases include, for the code of theory basis:

Code	Quote	Location	Author
Theory	“Naturopathy is defined by two core philosophies and seven principles and naturopathic practice that is guided by distinct naturopathic theories.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“Figure 3.1: Proportion of naturopathic philosophies and theories taught by naturopathic educational programs […] vital force 100%, integration of the individual 100%, naturopathic cures 100%, value of a fever 90%, therapeutic order 88%, unity of disease 84%, theory of toxaemia 84%, triad of health 80%, Hering’s law of cure 80%, humoral theory 78%, emunctories 74%, theory of complex systems 70%.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Myers, Lloyd, Hausser
	“Naturopathic	“Naturopathy	Myers, Lloyd,

	theories guide naturopathic practice and provide an understanding of the clinical reasoning and decision making used in naturopathic care.”	Practice, Effectiveness, Economics & Safety” (2021)	Hausser
	“Naturopathic theories. Chapter 3 describes core theoretical and conceptual frameworks that inform naturopaths/naturopathic doctors clinical reasoning and decision making. The main theories included are: the naturopathic therapeutic order […] the emunctory theory which states toxic substances […] the theory of complex systems.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“Naturopathic theories. Vital force and theory of vitality, integration of the individual, naturopathic cures, value of a fever, therapeutic order, naturopathic triad of health, unity of disease, Hering’s law of cure, theory of toxaemia, emunctory theory, humoral theory.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Some of the naturopathic theories are	“WNF White Paper: Naturopathic	Hausser, Lloyd, Yanez, Cottingham,

	concepts used throughout the naturopathic encounter, such as humoral theory. Other naturopathic theories, such as unity of disease and theory of toxaemia, are concepts that have been incorporated into the naturopathic principle, treat the cause (tolle causam). The remaining naturopathic theories – naturopathic cures, value of a fever, therapeutic order, Hering's law of cure and emunctory theory - are used to guide naturopathic treatment regimens."	Philosophies, Principles and Theories" (2017)	Turner, Abascal
	"As described in Chart 12 the common theories and philosophies were: vital force (vis vitalis) / theory of vitality, integration of the individual - spiritual, psychological, functional, structural (mind, body, spirit) and naturopathy cures - detoxification, revitalization, stabilization and regeneration were taught in 96% of the programs; value of fever 89%;	"WNF – Naturopathic Roots Report" (2016)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	therapeutic order 85%; naturopathic triad of health and unity of disease 81%; Hering's law of cure and theory of toxemia 78%; humoral theory 74%; and theory of complex systems and emunctories / emunctory theory were taught in 67% of the programs.”		
	“There was also a strong commonality in the naturopathic theories taught worldwide.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

H.1.a. Phrases include, for the code of vital force:

Code	Quote	Location	Author
Vital force	“Vital Force (vis vitalis), theory of vitality.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

H.1.b. Phrases include, for the code of therapeutic order:

Code	Quote	Location	Author
Therapeutic order	“Naturopathic therapeutic order. The naturopathic therapeutic order expands the process of healing of the vis medicatrix naturae by emphasizing that the causal factors of disease and the determinants of health are the primary basis for	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Myers, Lloyd, Hausser

	the maintenance and restoration of vitality and healing […] stimulate the vis medicatrix naturae and self-healing processes by applying naturopathic therapies and practices such as nutrition, hydrotherapy, homeopathy and acupuncture.”		

H.1.c. Phrases include, for the code of Hering’s:

Code	Quote	Location	Author
Hering’s	“VIII. Naturopathic Theory: Hering’s Law of Cure. Origin. The theory of Hering’s Law of Cure is the second law of cure in Homeopathy. The first being similia similibus curantur, or ‘like cures like’. Description. Hering’s Law of centripetal evolution affirms that the genuine disease always evolves from the periphery to the center, from the outside to the inside, from the bottom up (in the framework of an apparatus or a system organic); Hering Law outlines the direction of cure, which proceeds in	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	the opposite direction, and is as follows: the cure must proceed from center to circumference, from above downward, from within outwards, from more important to less important organs, and, from the head to the hands and feet. The belief is that symptoms which follow this path remain away permanently. That is, symptoms which disappear in the reverse order of their coming are removed permanently.”		

H.1.d. Phrases include, for the code of humoral theory:

Code	Quote	Location	Author
Humoral theory	“Humoral Theory is a concept that spans all aspect of the naturopathic therapeutic encounter – including assessment, diagnosis and treatment.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Humoral theory was identified and created by early philosophers.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Humoral Theory was and still is	“WNF White Paper: Naturopathic	Hausser, Lloyd, Yanez,

	used as a central theory by naturopathic practitioners.”	Philosophies, Principles and Theories” (2017)	Cottingham, Turner, Abascal
	“When using humoral theory the goal of naturopathic treatment is to choose a treatment approach which will bring an individual back to a eucratic or homeostatic state.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Blood is also known as the seat of vital force as it includes all four humors in a certain mixture. The humoral theory describes body functions, conditions, and pathological mechanisms and was the dominant concept in the understanding of health and treatment of diseases until the era of the cellular pathology in the 19th century.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Corpus Hippocraticum linked the four-element philosophy to the four body liquids referred to as humors: the air element was	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	associated with blood; fire was considered yellow bile; earth was considered black bile and water the element of phlegm. They further explained that each of the 4 humors has its origins in a certain organ: blood belongs to the heart; yellow bile to the liver; black bile to the spleen and phlegm to the brain. Everybody's liquid is then related to other organic systems and concepts of health and disease: 1. Blood: heart, blood circulation, venous disorders, anemia, cardiovascular diseases, respiratory tract 2. Yellow bile: liver, gall bladder, muscle and skeletal system, inflammations, hyperacidity, irritations of skin and mucous membranes. 3. Black bile: spleen, nerve system, spleen, degenerations, diathesis of dryness and hardness, stones, intoxications. 4. Phlegm: brain, digestive system,		

	lymph system, immune system, kidneys, water retention, lymph stagnation.”		

H.1.e. Phrases include, for the code of emunctories:

Code	Quote	Location	Author
Emunctories	“X. Naturopathic Theory: Emunctory Theory. Origin. The theory of emunctories outlines that in order to initiate health you first need to eliminate the toxic substances stored in the body by stimulating the emunctory pathways.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“The emunctory theory states that proper elimination of toxins is essential to overall health. Eliminating toxins is often the first required treatment focus, especially for chronic disease. Elimination of toxins assists vitality and its corollary; lack of elimination blocks vitality or vital force. The primary emunctory pathways include the lungs (breath), kidneys (urine), bowels (stool),	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

	skin (sweating). Menses/ejaculation and voice (speaking). Secondary emunctory pathways include all other ways that the body excretes toxins include nasal discharge, eye discharge, skin eruptions, etc. Part of the naturopathic assessment involves determining the effectiveness of the emunctory pathways.“		

I. and J. - TREATMENT, THERAPY, and DIAGNOSTICS theme:

I. The WNF's Claim of Diverse and Efficacious Diagnostics and Therapeutics

I.1. Phrases include, for the code of diverse:

Code	Quote	Location	Author
Diverse	"Naturopathic practice has always been therapeutically diverse in its approach to healing and incorporates various therapeutic modalities and practices applied based on the naturopathic philosophical and traditional framework."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Steel, Wardle
	"Naturopathic care is known for its diverse and flexible therapeutic approach to healthcare. It includes the prescription of internal and topical substances; counselling with respect to diet, lifestyle, and mind-body medicine; naturopathic physical medicine and other therapies."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Steel, Wardle
	"Naturopathic Treatment: An individualized clinical practice which is diverse and multi-modal."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Steel, Wardle
	"Naturopathic practice has always been therapeutically diverse in its approach to healing	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd

	with the core therapeutic modalities and practices.”		
	“Naturopaths/ Naturopathic Doctors commonly employ Multiple Types of Practices, Therapies and Treatments. The study describes unique and diverse practices and therapeutic interventions employed by naturopaths/ naturopathic doctors as part of routine patient care, and that are often not employed by other types of clinicians.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel, Foley, Bradley, Van De Venter, Lloyd, Schloss, Wardle, Redmond
	“The naturopathic individualized patient-centered approach to healthcare using a diverse range of therapies and practices is well suited in the prevention, treatment and management of a diverse range of conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“The chapter on Neurological Conditions (Chapter 24) describes the diverse treatment approach used by naturopaths/NDs in the treatment of neurological conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“The naturopathic	“Naturopathy	Schloss, Brown,

	individualized patient-centered approach to healthcare using a diverse range of therapies and practices is well suited in the prevention, treatment and management of cancer.”	Practice, Effectiveness, Economics & Safety” (2021)	Seely
	“The variety of naturopathic physical modalities studied by naturopathic physicians shows a diverse set of therapeutic tools.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Thompson, Cramer
	“Naturopathic practice is therapeutically diverse.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

I.2. Phrases include, for the code of multi-modal:

Code	Quote	Location	Author
Multi-modal	“Chapter 29 outlines that a holistic, patient-centered, multi-modal treatment approach is central to naturopathic care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“The naturopathic workforce employs a range of treatment modalities in their individualized and multi-modal integrative approach to patient care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser

	“The individualized and multi-modal naturopathic approach serves as a model of holistic preventive cardiovascular care and management or treatment of cardiovascular conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Ast, Lloyd, Bradley
	“Current empirical research indicates that select naturopathic practices, and especially multi-modal naturopathic interventions, hold merit in the treatment of various cardiovascular conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Ast, Lloyd, Bradley
	“The naturopathic multi-modal, complex intervention approach warrants further investigation.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“The holistic, patient-centered, multi-modal treatment approach that is central to naturopathic philosophy comprises the clinical application of different forms of naturopathic therapeutic modalities and	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Care, Smith, Borgos-Arias, Seely

	practices.”		
	“This multi-modal, complex intervention, and whole-practice approach deserves and indeed needs to be researched to better understand its importance in naturopathic practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Care, Smith, Burgos-Arias, Seely
	“This multi-modal approach to patient treatment is the hallmark of naturopathic clinical practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Care, Smith, Burgos-Arias, Seely
	“Despite this acknowledgement, most primary care is still not appropriately tailored to those with complex health needs in a person-centered multi-modal or multi-disciplinary way, and difficulties in making health care more person-centered persist.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Care, Smith, Burgos-Arias, Seely
	“Naturopathic practice is complex and multi-modal.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle

I.3. Phrases include, for the code of efficacious:

Code	Quote	Location	Author

Efficacious	“It is essential that the naturopathic workforce be appropriately trained to ensure they can provide safe, effective, and appropriate care to patients.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Dunn
	“It is the integration of naturopathic philosophies and principles within a biomedical understanding of health and disease that defines naturopathic care. Naturopathic researchers apply these philosophies and principles to the design of research studies examining the efficacy or effectiveness of naturopathic treatments.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Redmond, Graham, Steel
	“The chapters in this Section highlight the effectiveness of naturopathic care for conditions researched by the naturopathic profession and commonly treated by naturopaths/naturopathic doctors.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“Effectiveness and Efficacy of Naturopathy / Naturopathic Medicine. One hundred and two of the 237 studies (81.1%) indicated a positive clinically	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

	relevant outcome in either the primary or secondary measurements of studies included in this review.”		
	“Another important finding was the effective role that naturopathy/naturopathic medicine appears to have in addressing the modifiable risk factors associated with non-communicable diseases.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“Consultation with naturopathic practitioners is known to be associated with positive health behaviors, consistently show a positive role for naturopathy/naturopathic medicine as an effective intervention in a wide variety of non-communicable diseases.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“Research suggests that the naturopathic community is a translational profession, able to implement and facilitate health outcomes of interventions known to be effective.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“However, despite evidence of clinical and cost-effectiveness, lack of integration creates	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

	inequities in the accessibility of naturopathic care.”		
	“Naturopathy/ naturopathic medicine is a safe and effective intervention that has utility across different geographic regions, clinical settings and conditions, and naturopathic practitioners are trusted and consulted by the global public for a wide range of conditions. Studies demonstrate the clinical effectiveness and efficacy of naturopathic interventions in a wide variety of conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“This Health Technology Assessment (HTA) report on naturopathy was compiled to provide an evidence-based summary of naturopathic practice and the safety, economics and effectiveness of naturopathic care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“Research in whole-system, multimodality naturopathic medicine shows that it is effective in the management of conditions such as cardiovascular disease, type 2	“White Paper: Role of Naturopathic Practice Within a Global Pandemic” (2020)	Collective

	diabetes, depression, anxiety, and a range of complex chronic conditions.”		
	“Most of the clinical research in this chapter focused on naturopathic interventions in the treatment of Type II DM and have shown a variety of efficacious results.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Callan, Cooley

J. The WNF’s Claim of Informed decisions, Individualization, Patient Centeredness, and Empowerment

J.1. Phrases include, for the code of informed decisions:

Code	Quote	Location	Author
Informed decisions	“Naturopathic practitioners support informed decision making.”	“White Paper: Naturopathic Workforce and Hypertension” (2022)	Collective
	“Regulation of these products is an important step towards improving the quality of products globally, to ensuring effectiveness, public safety and in providing consumers access to important information with which to make informed healthcare decisions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Dun, Wardle
	“To support individuals in making informed decisions the WNF has created an	“White Paper: Role of Naturopathic Practice Within a Global Pandemic” (2020)	Collective

	animated video for the public about building a shield of wellness to protect you from life's challenges. This video is available in five languages."		

J.2. Phrases include, for the code of individualization:

Code	Quote	Location	Author
Individualization	"Naturopathic care is known for its diverse and flexible therapeutic approach to healthcare. It is individualized to each patient using a range of therapeutic modalities and practices, ensuring the valued client-centric elements of trust, engagement and empowerment."	"White Paper: Naturopathic Workforce and Hypertension" (2022)	Collective
	"Naturopathic treatment: An individualized clinical practice."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd, Steel, Wardle
	"Naturopathic care is individualized to each patient and uses a range of therapeutic modalities and practices."	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd
	"The naturopathic workforce employs a range of	"Naturopathy Practice, Effectiveness,	Lloyd, Hausser

	treatment modalities in their individualized and multi-modal integrative approach to patient care.”	Economics & Safety” (2021)	
	“Naturopathic practice is characterized by the application of care guided by overarching principles which views individualized treatments tailored to each patient through a person-centered approach.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Redmond, Graham, Steel
	“The emphasis on individualized treatments as a core philosophical element of naturopathic care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Schloss, McIntyre, Steel, Bradley, Harnett, Redmond, Hawrelak, Goldenberg, Van De Venter, Cooley
	“The naturopathic individualized patient-centered approach to healthcare using a diverse range of therapies and practices is well suited in the prevention, treatment and management of a diverse range of conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“The naturopathic individualized patient-centered approach to	“Naturopathy Practice, Effectiveness, Economics &	Schloss, Brown, Seely

	healthcare using a diverse range of therapies and practices is well suited in the prevention, treatment and management of cancer.”	Safety” (2021)	
	“The individualized and multi-modal naturopathic approach serves as a model of holistic preventive cardiovascular care and management or treatment of cardiovascular conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Ast, Lloyd, Bradley
	“The breadth of treatments employed by naturopaths/ naturopathic doctors combined with the variability in each patient’s health needs and the imperatives of the naturopathic philosophies and principles to deliver individualized patient care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel, Lloyd
	“The patient-centered and individualized focus of naturopathic practice.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel, Lloyd
	“The treatment intervention included bromelain	“Naturopathy Practice, Effectiveness,	Steel, Lloyd

	250 mg TID, an herbal product individualized for each patient, a cough elixir 10 or 30 gtt QID and an individualized homeopathic remedy.”	Economics & Safety” (2021)	

J.3. Phrases include, for the code of patient-centeredness:

Code	Quote	Location	Author
Patient-centeredness	“Since inception, the naturopathic encounter has been person-centered and individually focused. Over the last two decades, other health professions and policy-makers have embraced the patient-centered model that has evolved into the now more contemporary concept of person-centered care. The shift from patient-centered to person-centered care arose to include the entirety of an individual’s needs beyond just the clinical and medical. Naturopathic practice is, and has always been, in complete accord with a person-centered approach.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“The emphasis naturopaths/naturopathic doctors place on patient-centered	“Naturopathy Practice, Effectiveness, Economics &	Steel, Lloyd

	care.”	Safety” (2021)	
	“Naturopaths/NDs demonstrate application of both evidence-based medicine and patient-centered care principles when they use and apply knowledge and information.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Steel, Leach, Brosnan, Ward, Lloyd
	“The naturopathic individualized patient-centered approach to healthcare using a diverse range of therapies and practices is well suited in the prevention, treatment and management of a diverse range of conditions.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“The naturopathic individualized patient-centered approach to healthcare using a diverse range of therapies and practices is well suited in the prevention, treatment and management of cancer.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel
	“The holistic, patient-centered and preventive approach of naturopathic treatment is conducive to an advanced role in cardiovascular care	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Ast, Lloyd, Bradley

	that aligns with public health aims.”		
	“The holistic, patient-centered, multi-modal treatment approach that is central to naturopathic philosophy comprises the clinical application of different forms of naturopathic therapeutic modalities and practices.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Care, Smith, Burgos-Arias, Seely
	“The naturopathic clinical assessment is a patient-centered process.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“16. Treat the whole person. Definition: Treat the whole person is a concept that recognizes the spiritual, psychological, functional and structural aspects and vitality of an individual as being part of an inseparable whole. Individuals are also interconnected and interdependent with family, community and environment. This concept is essential to patient-centered naturopathic practice.”	“WNF – Terminology Document” (2019)	Hausser, Lloyd, Arankalle, Banchieri, Brown, DeGroot, Finnell, Kieffer, Myers, Menon, Poorna
	“The naturopathic assessment is	“2018 WNF Update” (2018)	Collective

	patient centered.”		
	“The naturopathic approach is ’patient centered’.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“The naturopathic encounter is a patient-centered model.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal

J.4. Phrases include, for the code of empowered:

Code	Quote	Location	Author
Empowered	“Doctor as teacher (docere). A principal objective of naturopathic patient education is to empower patients.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“This patient experience of empowerment is a known feature of naturopathic care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“Naturopaths/ naturopathic doctors draw on their holistic and vitalistic philosophies to actively and deliberately employ nonspecific factors such as their therapeutic relationship with the patient, empathy and patient empowerment.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Myers
	“The appeal of the	“Naturopathy	Kennedy, Steel

	egalitarian, empowering and holistic model of care that characterizes naturopathic consultations.”	Practice, Effectiveness, Economics & Safety” (2021)	
	“Naturopaths/ naturopathic doctors aim to alleviate suffering, prevent and/or treat illness, prevent the progression of disease conditions, and to educate and empower patients to facilitate optimal health.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Care, Smith, Burgos-Arias, Seely
	“Empower individuals and communities. Naturopaths/naturopathic doctors have a philosophically strong focus on empowerment and building capacity in individuals and communities to self-manage their health. Educating patients to improve their health literacy and ability to maintain their own health forms one of the key principles of naturopathic practice – Docere – as evidenced by the active role of the naturopathic community in knowledge mobilization and dissemination to a wide variety of audiences using a variety of information sources specific to	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

	their community and their patient populations. For example, health promotion education is a cornerstone of naturopathic practice, both philosophically and in terms of healthcare delivery, which has resulted in sustained and long-term clinical improvements among naturopathic patients due to improved self-management of health. The empowering nature of naturopathic treatment has also been supported by research that highlighted the intrinsic qualities of naturopathic consultation and treatment as facilitating patient empowerment, empathy and patient-centeredness, even more so than many other T&CM professions.”		

K. – INSTITUTIONS theme:

K. The WNF’s Claim of Institutionalization via schools and accreditation, research and publishing, and laws and regulation:

K.1. Phrases include, for the code of schools and accreditation:

Code	Quote	Location	Author
Schools and accreditation	“Naturopathic Education Accreditation Standards Comparison.	“Naturopathic Education Accreditation Standards Comparison”	Collective

	Naturopathic philosophies: Vitalism and Holism. Naturopathic principles: The healing power of nature; First do no harm; Identify and treat the cause; Physician/doctor as teacher; Treat the whole person; Disease prevention and health promotion. Research: critical research skills, knowledge mobilization skills, understanding of the uniqueness of naturopathic research.”	(2023)	
	“One of the mandates of the World Naturopathic Federation (WNF) is to promote accreditation of naturopathic educational programs and the highest educational standards for the naturopathic global profession.”	“WNF Naturopathic Educational Program Guide” (2022)	Lloyd, Hausser
	“WNF mission […] establishing and maintaining a database of naturopathic organizations, regulation, accreditation, conferences, and	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle

	research activities.”		
	“Accreditation, defined as ‘the formal process of evaluation of an educational program, institution or system against defined standards by an external body for purposes of quality assurance and enhancement’ seeks to implement, strengthen and support quality medical education. Accreditation of an educational program is a valuable asset and aids in the regulation of a health care profession. ‘The purpose of accreditation is to build a competent health workforce by ensuring the quality of training taking place within those institutions that have met certain criteria. It is the combination of institution or program accreditation with individual licensure—for confirming practitioner competence— that governments and	“Naturopathic Education Accreditation Standards Comparison” (2023)	Collective

	professions use to reassure the public of the capability of its health workforce. Accreditation offers educational quality assurance to students, governments, ministries, and society.' In the global naturopathic profession, there are three recognized accreditation organizations that provide standards for naturopathic education: [#1] Council of Naturopathic Medical Education (CNME) (United States and Canada). [#2] Australian Register of Naturopaths and Herbalists (ARONAH) (Australia and New Zealand)."		
	"The formation of a distinct professional identity within the global healthcare environment depends on interrelated factors including the level and standardization and accreditation of educational programs and the regulatory status	"Naturopathy Practice, Effectiveness, Economics & Safety" (2021)	Lloyd

	and recognition from governments achieved by the profession in different countries and Regions.”		
	“Importantly, measures that both reduce risks associated with naturopathic practice and support safe and effective naturopathy/ naturopathic medicine are well-known – primarily centering around improved standards of regulation and accreditation – and are within the jurisdiction and capacity of policy decision-makers globally.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

K.2. Phrases include, for the code of research and publishing:

Code	Quote	Location	Author
Research and publishing	“The literature informing this HTA was drawn from the extensive bibliometric analysis of naturopathic research – that is research on interventions conducted by the naturopathic research community – which identified	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd

	2218 manuscripts published in peer-reviewed indexed journals by naturopathic researchers from 22 countries.”		
	“As the naturopathic research community develops, there are increasing opportunities for naturopathic theories of practice to inform optimal approaches to health care.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Wardle, Steel, Lloyd
	“The international naturopathic research community has produced peer-reviewed literature for over 30 years.”	“White Paper: Role of Naturopathic Practice Within a Global Pandemic” (2020)	Collective
	“This analysis indicated that there was a substantial quantity of peer-reviewed naturopathic research indexed in research journal databases and this research covered very broad topics which is consistent with naturopathic practice.”	“WNF Naturopathic Journal Report” (2020)	Lloyd, Hausser
	“The WNF’s mission […] 4. Encouraging naturopathic	“2018 WNF Update” (2018)	Collective

	research.”		
	“There is a tremendous breadth of naturopathic research spanning many different aspects of naturopathic practice as well as disease states and conditions.”	“WNF White Paper: Naturopathic Philosophies, Principles and Theories” (2017)	Hausser, Lloyd, Yanez, Cottingham, Turner, Abascal
	“Naturopathic educational institutions, naturopathic clinics, non-naturopathic universities and educational institutions, government and industry were all listed as participating in naturopathic research.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“There are over twenty agencies that fund naturopathic medicine and naturopathic research.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“Over the last twenty years, there has been tremendous growth in the area of naturopathic research and the creation of peer-reviewed research journals in the field of naturopathic medicine.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	“The practice of naturopathic medicine in Canada is supported by naturopathic research, journals specializing in peer-reviewed articles and specialized naturopathic associations.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“As naturopathy / naturopathic medicine is comprised of many different modalities, research supporting naturopathic therapies and treatments is often pulled from the research specific to individual modalities, such as clinical nutrition, botanical medicine, and/or acupuncture or homeopathy.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“Every health profession requires ongoing research and peer-reviewed research articles in order to provide a critical look at how they practice and an opportunity to stay current with new findings that affect the safe and effective care of patients.	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	Naturopathy / naturopathic medicine is no exception.”		

K.3. Phrases include, for the code of laws and regulation:

Code	Quote	Location	Author
Laws and regulation	“It is our intention that this HTA will be used to support the global implementation of appropriate and robust regulation of the naturopathic profession.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Steel, Wardle
	“Research shows that standards of education and practice are highest and consistency more apparent in countries with regulation.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, , Dunn, Wardle
	“Educational standards influence or reflect the type of regulation and the legislative framework for the profession, and they impact the ability of the workforce to offer the public safe and consistent effective healthcare.”	“Naturopathy Practice, Effectiveness, Economics & Safety” (2021)	Lloyd, Hausser, Dunn
	“Although there is no formal regulations there are also no	“Global Naturopathic Regulation” (2019)	Collective

	restriction to practice in Australia and New Zealand – the two countries in the Western Pacific that have been practicing naturopathy since the early 1900s.”		
	“The WNF’s mission is […] 2. Supporting the appropriate regulation and recognition of naturopathy /naturopathic medicine.”	“2018 WNF Update” (2018)	Collective
	“Regulation: The focus of regulation is patient safety.”	“2018 WNF Update” (2018)	Collective
	“Regulation of a profession refers to a level of government recognition and oversight. Once a profession is regulated they have accepted professional standards of practice and conduct that all professional members must adhere to.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“There are base consistencies in how naturopathy / naturopathic medicine is practiced around the world, but there are also	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	tremendous differences in naturopathic regulations and in scope of practice within countries and between countries.”		
	“With only 50% of the countries reporting that they have regulation.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“In naturopathic medicine – as in most health professions – regulation is focused on ensuring practitioners have the education and training to demonstrate that they have the knowledge, skills and judgement to practice safely and effectively.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“Naturopaths remain the only profession in Australia which has been formally assessed under National Registration and Accreditation Scheme criteria that have demonstrated they warrant statutory registration that are not currently included in the Scheme. In lieu of statutory registration, an	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

	independent self-regulatory body mirroring standards of the government regulatory scheme has been established.”		
	“1921 marks the start of regulation of naturopathic medicine in Canada.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“The first state to initially regulate naturopathic medicine was California in 1909, Connecticut followed in 1920.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham
	“Regulation can have either a net positive or a net negative impact on scope of naturopathic practitioners.”	“World Naturopathic Federation Report” (2015)	Lloyd, Wardle, Parker, Hausser, Cottingham

SRQR Step 016 Main Findings Summary

The WNFM had strong proclamations supporting and defining commitments regarding naturopathy’s:

Foundationals in terms of:

Consistency, global consensus, and commonality;

Distinction, and blended contents.

Knowledge in terms of:

Patient education, community education;

Science, evidence, technology, research basis.

Philosophy, Principles, Theories in terms of:

Vitalism, holism, set principles, healing power of nature/vis medicatrix naturae/vitalism, therapeutic order, Hering’s Law, humoralism, emunctories.

Treatment, Therapies, and Diagnostics in terms of:

Diversity, multi-modal, efficacy, informed decision making, individualization, patient-centeredness, empowerment.

Institutions in terms of:

Schools and accreditation, research and publishing, laws and regulation.

[end]